

## SS-OO-PP-RR Reflection Questions

Below are examples of reflection questions you might ask in each phase of SS-OO-PP-RR.

### Setting the Stage

- How do you think this week has gone? How has working on \_\_\_\_\_ this week been?
- If you or your child could accomplish a specific task, what would it be? What will that help you do?
- What activities or routines were the most fun since the last visit?
- How would you like to move this goal forward?
- What do you feel are her biggest needs right now?
- What made you smile?
- What would make your day go more smoothly?
- What will he be doing when he participates in this routine with you?
- What do you want to try this visit?
- Why is this target important for you?
- Is this target still an outcome or a priority for you and your family?
- How would you fill in the blanks? I need to \_\_\_\_\_ so he can \_\_\_\_\_.
- You told me you were going to try singing in the car, how did that work this week?
- Who will do what, when?
- What do you think is the most important strategy for you to learn to use? Why?
- Which routines and targets are your priorities today?

### Observations and Opportunities to Embed

- That snack looked great. What “worked” for him and you?
- Do you feel the strategies are a good fit for the routine? What would feel more natural?
- How about trying \_\_\_\_\_?
- Was there something you did differently that time? How do you think she responded?
- What strategies were you using to support her?
- What was it about that routine that made it successful?
- What did you do to help him/her to participate?
- How could you change it to keep his/her interest to support him/her longer?
- What did you do to help him do so well?
- Which strategies feel easy to use, which are harder?
- We went over \_\_\_\_\_ and how do you think he/she did?
- You practiced using wait time and choices during snack just now. What worked and what is still sticky?
- How do YOU think he did (e.g. pulling up)?
- It looks like you supported him just enough so he would be successful. What did you do that gave him that “little something” to make it?
- You looked confident giving him choices and waiting. How comfortable were you?



**Problem Solving and Planning**

- How could you combine \_\_\_\_\_ with \_\_\_\_\_ in this routine?
- What do you think would happen if you tried \_\_\_\_\_?
- Let's make a list of what you have tried so far and see what might work for this routine.
- What do you want to see him doing when I come next time?
- What does your family like to do? How could these activities be a part of the plan?
- The place I feel stuck is \_\_\_\_\_
- What was the most challenging thing that happened during our visit?
- What tells you the strategy isn't quite working?
- Do you see any difference between last week and now in his participation? What?
- What kind of things were you doing that worked? And didn't?
- Why do you think he/she struggled with that?
- How do you think this strategy works for you? For him?

**Reflection and Review**

- What made you feel happy (or smile) about this interaction?
- What was the most challenging thing that happened during the visit today?
- What worked today and why?
- Is there anything you would like to do differently as we reflect on the routine (session)?
- What strategies did you like today and why?
- What did you see him do today that you're excited about?
- How do you think \_\_\_\_\_ has changed in the last 2 weeks? What's next?
- Would you describe what you did as easy, getting easier, or hard?
- What did you do that helped her participate in the routine? How did you know it was working?
- What was the most valuable during this visit?
- What do you think you can take away from this routine today? How will you use what you've learned today in other routines?
- How often can you try \_\_\_\_\_?
- What did you do to make this interaction work?

Think about a family you have on your caseload and write a reflective question that for each phase of SS-OO-PP-RR that would apply to them.

<b>SS</b>	
<b>OO</b>	
<b>PP</b>	
<b>RR</b>	